

Daily Home Screening for Students COVID-19 Pandemic

Parents: Please complete this short check with your child each morning. If your child has any of these symptoms, you should contact your physician then contact Mrs. Shawnda Russell, school nurse, to inquire about when your child can return to school.

Section 1: Symptoms: If your child has any of the following symptoms, that indicate a possible illness that may decrease the student's ability to learn and also put them at risk for speeding illness to others. Please check your child for these symptoms.

- Temperature 100.4 degrees Fahrenheit or higher
- Sore throat
- New uncontrolled cough that causes difficulty breathing (for students with chronic allergic / asthmatic cough, a change in their cough from baseline);
- Diarrhea, vomiting, or abdominal pain
- New onset of severe headache, especially with fever
- Chills
- Muscle Pain
- New loss of taste or smell

Section 2: Close Contact / Potential Exposure

- Had close contact (within 6 feet of an infected person for at least 15 minutes) with a person with confirmed COVID-19; or
- Had close contact (within 6 feet of an infected person for at least 15 minutes) with person under quarantine for possible exposure to SARS-CoV-2; or
- Traveled to or lived in an area where the local, Tribal, territorial, or state health department is reporting large numbers of COVID-19 cases
- New controlled cough that caused difficulty breathing (for students with chronic allergic / asthmatic cough, a change in their cough baseline);
- Live in areas of high community transmission



Stop the Spread of Germs

Help prevent the spread of respiratory diseases like COVID-19.



Stay at least 6 feet
(about 2 arms' length)
from other people.



Cover your cough or sneeze with a
tissue, then throw the tissue in the
trash and wash your hands.



When in public, wear a
cloth face covering over
your nose and mouth.



Do not touch your
eyes, nose, and mouth.



Clean and disinfect
frequently touched
objects and surfaces.



Stay home when you are sick,
except to get medical care.



Wash your hands often with soap
and water for at least 20 seconds.



[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)