

## Thriving Military Families Program

In proud support of Missouri's military families, ParentLink offers cost-free services to help active duty, guard, reservists, and kinship families grow and thrive.

Military families face many unique challenges such as the deployment cycle, separation from loved ones, PCS moves, and stressful world events.

ParentLink's Thriving Military Families Program strives to meet military families where they are, providing support, solutions, and information.



## ParentLink University of Missouri

### Connect with us

ParentLink's confidential phone lines, text number, and email are staffed by caring and qualified Family Support Specialists. Your privacy is extremely important to us.

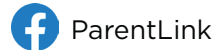
**Staffed Monday through Friday  
8 a.m. to 5 p.m.**

**Call:** 1-800-552-8522

**Text:** 1-585-326-4591

**Email:** [parentlink@missouri.edu](mailto:parentlink@missouri.edu)

**Website:** [parentlink.missouri.edu](http://parentlink.missouri.edu)



ParentLink  
2800 Maguire Blvd.  
Columbia, MO 65211



ParentLink  
University of Missouri



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# Services

## Military Family Navigator

Our Military Family Navigator provides dedicated support to Missouri military family members with connections to supports in home communities, state and federal programs, and military-specific resources.



## WarmLine

A safe space where compassionate master's level professionals share evidence-based information and resources, answer questions, offer problem-solving support, and connect families to services.

## Early Childhood Support

ParentLink guides parents through developmental screenings to help them track their child's development, from birth to age six, then follows up afterward to share results and beneficial information.

## Kinship Family Support

ParentLink's Kinship Program supports caregivers who are raising children who are not biologically their own, including grandparents, relatives, foster parents, and others. The program helps caregivers connect with information, programs, and supportive services for the children they care for and themselves.

## Access Navigators

ParentLink's Access Navigators are certified community health workers who help individuals overcome barriers and fully connect with needed resources that improve family health and wellbeing.

Filling out applications like:

- Medicaid
- Supplemental Nutrition Assistance Program (SNAP)
- Child care subsidies
- Temporary assistance

Helping you find:

- Health and legal services
- Transportation
- Home visiting programs
- Housing

